



Executive Leadership Coaching for High-Performing Women

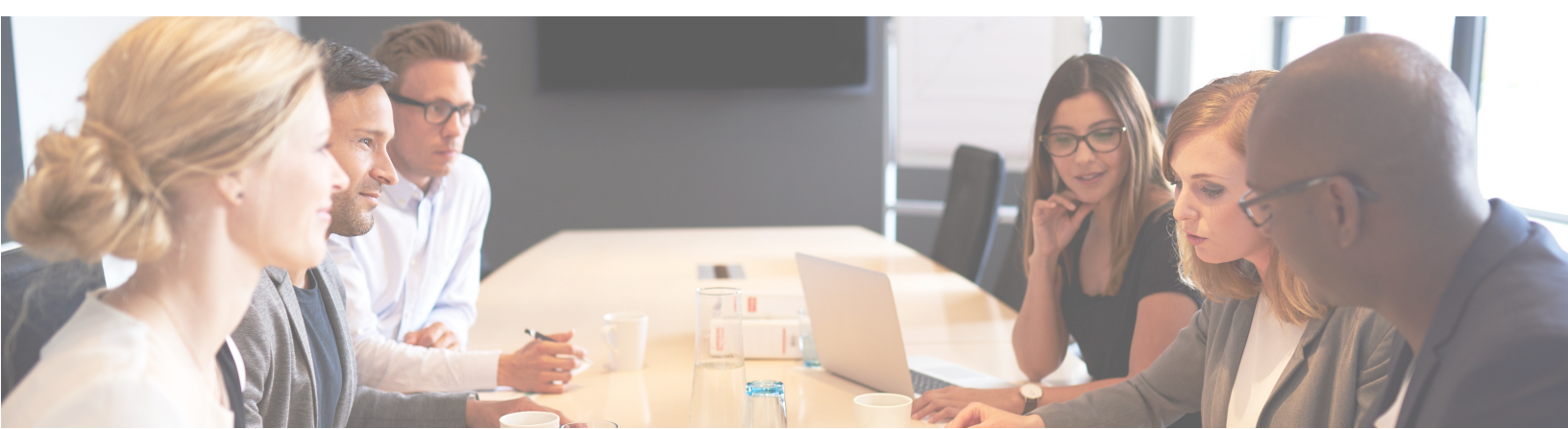
Talent development is one of the biggest responsibilities you have, particularly the development of top performers. High-performing women have unique needs and you will lose these women if you don't know how to guide them through their stages of development.

The Challenges

- The unrelenting need for perfection
- Distrust/need for control/micromanaging
- Inability to say “no” or set boundaries

The Solution

- Build resilience against stress triggers
- Enhance decision-making ability
- Advanced communication/relationship skills



Outcomes

- Improved ability to set priorities and delegate
- Increased confidence and the ability to remain calm under pressure
- Bandwidth to do high-level strategic work

We Support

- Directors and Vice Presidents
- Senior and Executive Vice Presidents
- C-Suite
- Those striving for senior leadership

Services

- Individual and group coaching
- Training/Workshops
- Presentations for Employee Resource Groups

Experience

- Financial services
- Retail
- Medical research

It would be an honor to support you in achieving your goals and the goals of your organization.

Email jodi@womentakingthelead.com or call 207-937-2075

Testimonials

During the pandemic, I experienced long work hours, stressful days, the pressure of high performing organization. I was looking specifically for a female coach to work with me to help me gain perspective, better emotional balance, as well as navigating through some work-related conflicts. I am now more capable of leading calmly, in a cooperative spirit, and with strong awareness of myself. My peers and my team have noticed the difference. When the storm is gaining strength again, they take note how I am acting more composed and leading the way forward. As a professional women, mom and partner, I highly recommend hiring a coach. It was an important step for me to become a better leader and a better person.

Tanja Dysli
Chief Supply Chain Officer
IKEA USA

After a recent promotion into a leadership role, my boss encouraged me to seek out a leadership coach to help navigate the new territory in my career. I knew after my initial meeting with Jodi that her innate ability to make me feel comfortable, welcome and calm was exactly what I needed. My time with Jodi helped me grow professionally as a leader but also personally. I now better understand myself and what I need to be the best coworker, Mom and friend.

Lindsay Babayan
Director of Operations
flyte new media

Working with Jodi last year was one of the best things I did for myself personally and professionally. Jodi helped me discover an inner confidence that I hadn't given a voice to and that setting personal goals is just as important as my professional goals. I've been able to create boundaries that I didn't have previously...I have a lapse here and there but the tools you gave me help me refocus according to my values when needed..

Christina Carter
SVP, Operations
Midcoast Federal Credit Union

When I hired Jodi, I knew my career needed to expand and change, but didn't know which direction to put my efforts to achieve that. I engaged with her because of her genuine personality and her approach of working with the whole person. I now feel calmer and more in control, which is allowing space to be more present - at work and in my overall life. Gaining more clarity on my needs and opportunities, I took a promotion as Vice President, Brand Management at my current job, increasing my responsibility and opportunity to grow professionally which will set me up for broader career choices in the future.

Rachel Davies
VP, Brand Management
Susan G. Komen